

My FLOURISH experience

Forouzan Hosseini Moghaddam
Master in Resilience in Educational Contexts

Where I started

EDUCATION	PROFESSIONAL EXPERIENCE
TEFL (Teaching English as a Foreign Language) (B.A)	Teacher
Psychology (B.A)	School psychologist
Educational Psychology (M.A)	Crisis counsellor

My mobility journey

01 L-Università ta' Malta

Malta



University of Malta

02 ΠΑΝΕΠΙΣΤΗΜΙΟ ΚΡΗΤΗΣ UNIVERSITY OF CRETE

Greece



University of Crete

03 USV Universitatea Ştefan cel Mare Suceava

Romania



Ștefan cel Mare University of Suceava

Semester 3 also included:
Lisbon Week (European School Psychology Training Center) + Winter school in Romania

Malta: the foundations



L-Università ta' Malta

SEMESTER 1

University of Malta

Resilience and development

Planning interventions

Systemic and family perspectives



Crete: schools, families and research



ΠΑΝΕΠΙΣΤΗΜΙΟ ΚΡΗΤΗΣ
UNIVERSITY OF CRETE

SEMESTER 2

University of Crete

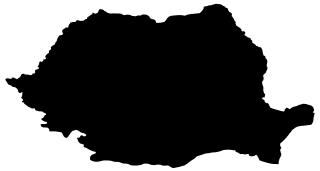
Classroom and school climates

Working with families

Research methods



Romania: learning in the community



Universitatea
Ștefan cel Mare
Suceava

SEMESTER 3

Ștefan cel Mare
University of Suceava

Positive psychology

Practice placements

Learning across cultures



Learning through practice



Bucovina Institute

Youth work and community engagement
Activities across generations



Save the Children Romania

Mental health and psychosocial support
Ukrainian children and youth

Lisbon Week: reconnecting as a cohort



U LISBOA | UNIVERSIDADE DE LISBOA

27–31 OCTOBER • SEMESTER 3

University of Lisbon

Sharing placement experiences

School psychology workshop

Mind and Body Practices at School



Winter school in Romania





Shared activities, reflection and time together

My work now

The Malta Trust Foundation

Child Support Worker Internship

AWAS
AGENCY FOR THE WELFARE OF ASYLUM SEEKERS

Cultural mediator

RICHMOND

Mental health Support worker

My thesis:
Navigating Life Abroad: Resilience and psychological well-being among MENA master's students in the EU

What I took away

- **Culture & context** — Understanding each person’s circumstances
- **Practice** — Adapting activities to different needs
- **Research** — Listening closely to lived experience
- **Personal growth** — Reflecting on belonging and living abroad